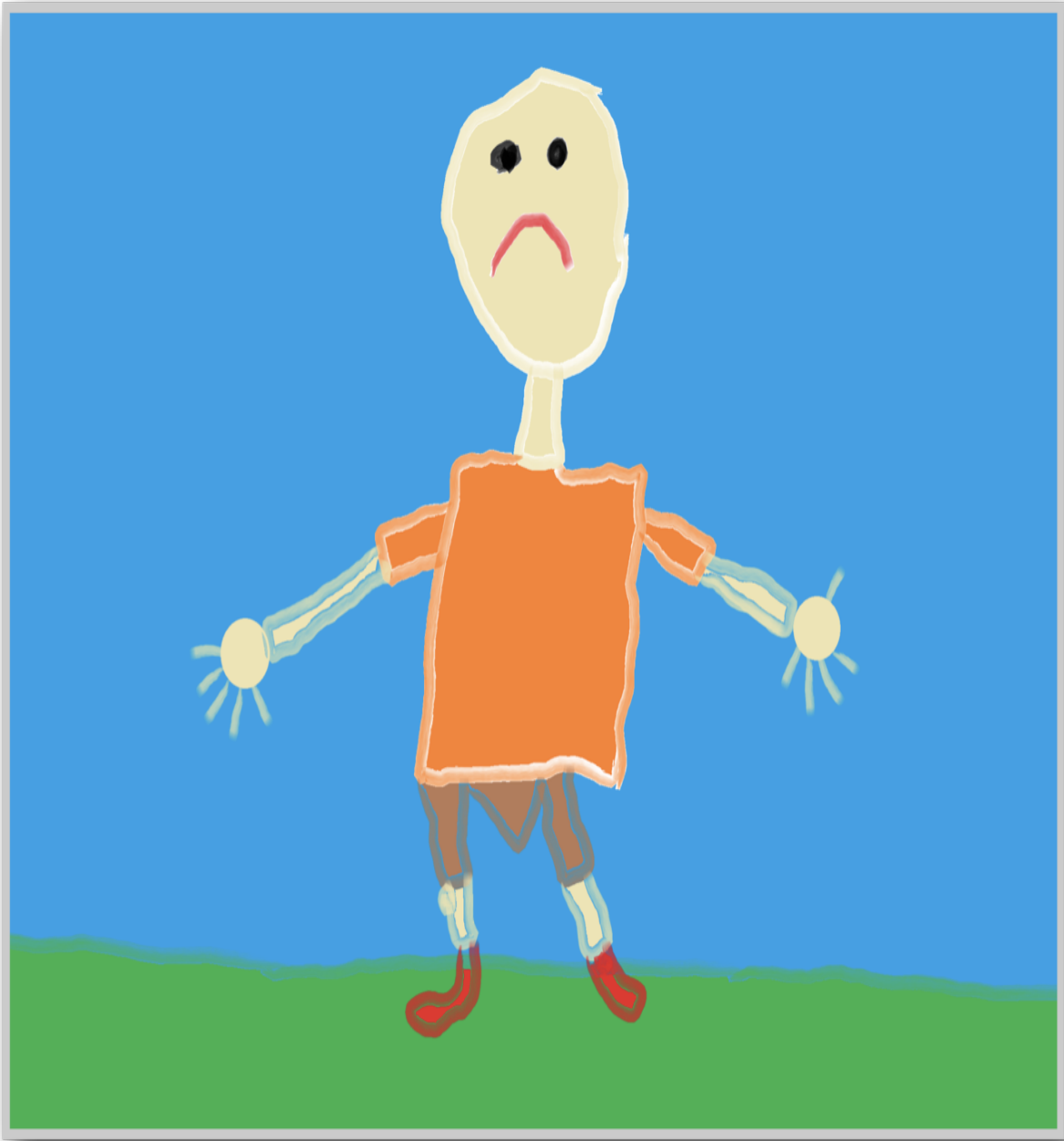


# Jonny's Adventure: Facing Tricky Situations With Courage



By Lydia Sterry, Illustrations by Joel and Veola Sterry



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Tricky Situations With**

# Courage

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***Hello, young adventurers!***

*Join us on a sunlit afternoon during the school holidays, where Jonny and his mummy set out for a day of joy and exploration. Little did they know, this day would turn into an unexpected journey of bravery and resilience.*

*Now, let's dive into Jonny's adventure and unravel the secrets of facing tricky situations.*

***Hello, caring parents!***

*Get ready for a tale that navigates through potentially challenging scenarios, teaching your young ones how to handle tricky situations with courage. Best suited for children aged four and older.*

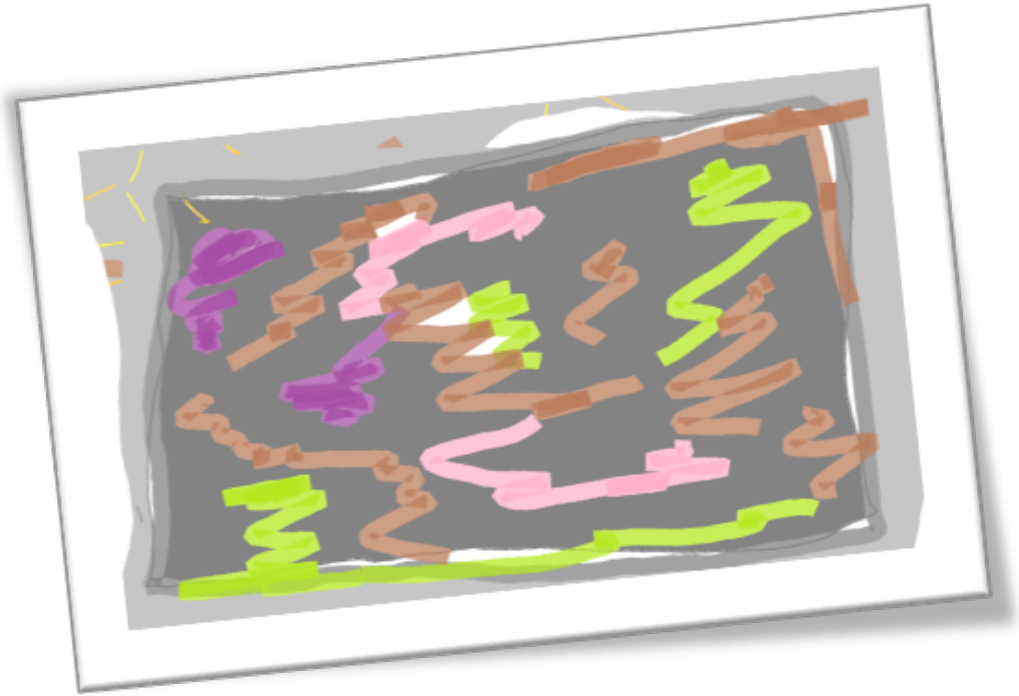
*Please consider making this "resilience" conversation a series of talks. You might ask, "Have you thought more about our chat yesterday or last week?" or "Any questions about what we discussed on Wednesday?" Inviting these conversations can help children explore*

*these sometimes frightening concepts. The more we talk about them, the less fear they  
might have.*

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Under the **golden rays** of the sun, Jonny and his mum strolled through the shops, surrounded by the hustle and bustle of a lively town. The colourful display of an enticing advert on a big screen caught Jonny's attention, and he couldn't look away.



Little did he realise that this moment would soon lead to a test of his **courage**.

As the advert concluded, Jonny turned around, only to find that his mum was nowhere in sight. **Panic** set in, and Jonny's heart sank. In this moment of vulnerability, a stranger approached him, seemingly friendly.



However, Jonny sensed something was off — his **instincts** sending him a clear warning.

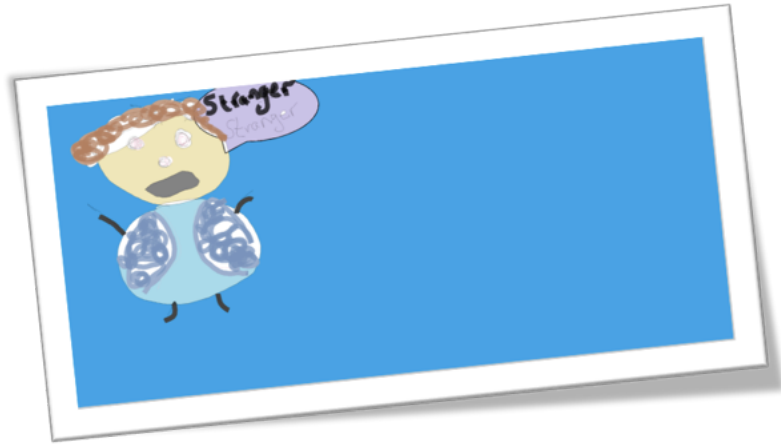
His mum had always taught him to trust his feelings. The stranger wasn't offering sweets or being overly friendly, but his **nervous** glances around made Jonny uneasy.

He listened to his **gut**, which whispered, "get away fast."

Suddenly, the stranger attempted to grab Jonny's arm.

Taking a deep breath, Jonny remembered what to do.

With a loud and confident voice, he shouted, "**stranger, stranger**," preparing for an even louder scream.



The stranger, startled and scared, fled in a flash.

Jonny, true to his mum's teachings, took a mental note of a distinguishing feature — a mole on the stranger's nose with a boogie hanging out of it!

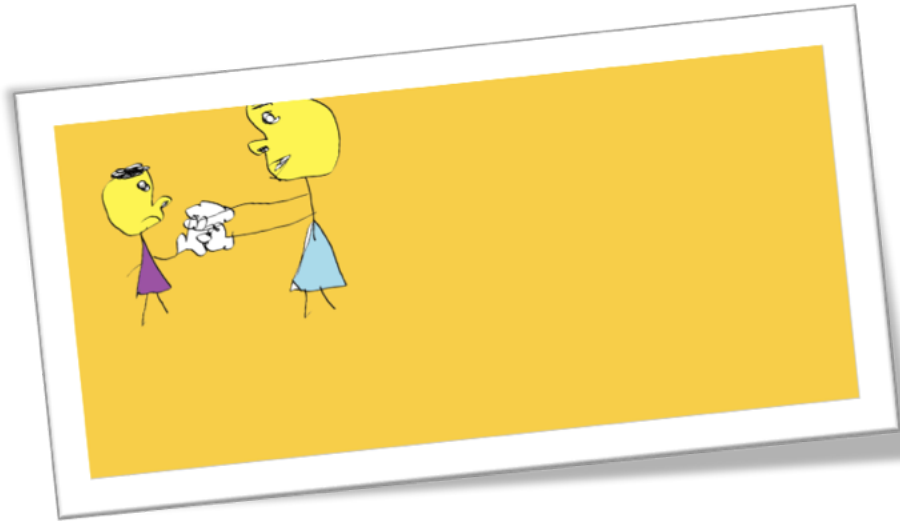
Disgusted, Jonny shook his head and said, "**Ewe.**"

Now, faced with a decision, Jonny thought about what to do next.

He could run to another mum with a child, seek safety in a nearby shop, or find someone who worked there.

As he contemplated, Jonny noticed a mum pushing a pram. He made a beeline for her, grabbing her hand and confessing, "**I'm lost.**"

The kind lady immediately sprang into action, asking Jonny his name, just as his mum and little sister appeared in the distance.



Reunited with his family, Jonny received the warmest hugs as they squeezed him tightly. Laughter filled the air, and Jonny's sister added a touch of silliness, bringing joy back to their day.

## The **End.**

So, dear young adventurers, what can we learn from Jonny's experience?

Jonny teaches us about "**early warning signs.**" These signs vary from person to person but may include the tiny hairs on our arms standing up, a fast-beating heart, tears, wobbly knees, sweaty palms, tight shoulders, flushed cheeks, weak legs, a dry mouth, butterflies in our tummy or just a feeling that something is 'off'.

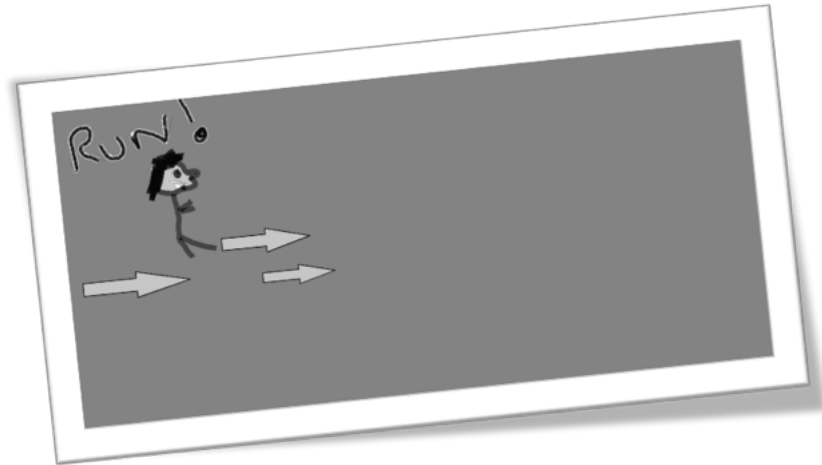
Everyone has at least one or two early warning signs. Ask your special trusted adult about theirs. If you sense these signs in tricky situations, it's essential to get away quickly and tell a trusted adult.

Remember, these conversations are not meant to scare you; instead, they empower you. By discussing and practicing these situations, you become stronger and better equipped to face these uncommon challenges.



Now, let's explore some other tricky situations and how you might handle them.

If a stranger asks you to get in their car, trust your instincts, run, and find an adult you can trust to tell them all about it.



If a stranger tries to take your hand, pull away, run, and find help.

If a stranger grabs and picks you up, scream "stranger, stranger," hit, bite, poke them in the eye and shout for help until the stranger gets scared and lets go.



Remember, dear adventurers, you are powerful, and practicing these scenarios with a trusted adult can make you even stronger.

The **End**, until our next courageous adventure!



