

# Eloise's Enchanted Backpack: The Cool Contact



## Talk One

~ Don't Forget To  
Read This Little  
One First From The  
Series

By Lydia Sterry

Illustrations By Joel And Veola Sterry



**Eloise's Enchanted Backpack: The  
Cool Contact**  
**Talk One**

# By Lydia Sterry      Illustrations By Joel And Veola Sterry

## ***Join Eloise in the Enchanted World of Imaginary Backpacks!***

*Hello, young adventurers and wise parents!  
Get ready for a journey into a whimsical realm where imagination knows no bounds. In  
the heart of this enchanting land, meet Eloise, a little girl with a mind bursting with  
fantastic tales.*

*Embark on an extraordinary adventure as Eloise unravels the magic of imaginary  
backpacks. Picture a world where these special backpacks shrink when you're sad and  
grow back with joy. But how? Well, that's where the enchantment begins!*

*In this delightful story, Eloise stumbles upon the 'cool contact' backpack – a treasure trove  
of actions that warm your heart and make you feel all snugly inside. From bear hugs to  
high fives, Eloise shares the secret to turning a small, crumbled backpack into a radiant,  
normal-sized one.*

*Children and parents alike will be captivated by the whimsy of Eloise's world, sparking  
conversations about what actions she could do to 'give' and 'receive' love. What actions fill  
her backpack with joy? What makes it grow and glow?*

*So, gather around for a heartwarming tale that celebrates the magic of connection and the  
power of sharing. Eloise invites you to discover the wonders of your very own imaginary  
backpacks – a journey that might just transform your world!  
Are you ready for the adventure? Turn the page and let the magic begin!*

*It is recommended for children who are 3 and over.*

*Also, don't forget to Read this little one **first** from the series...*

*All Rights Reserved. This e-book contains material protected under International and  
Federal Copyright Laws and Treaties. This e-book is intended for personal use only. Any  
unauthorised reprint or use of this material is prohibited. No part of this book may be used  
in any commercial manner without express permission of the author. Scholarly use of  
quotations must have proper attribution to the published work. This work may not be  
deconstructed, reverse engineered or reproduced in any other format. Created in  
Australia.*



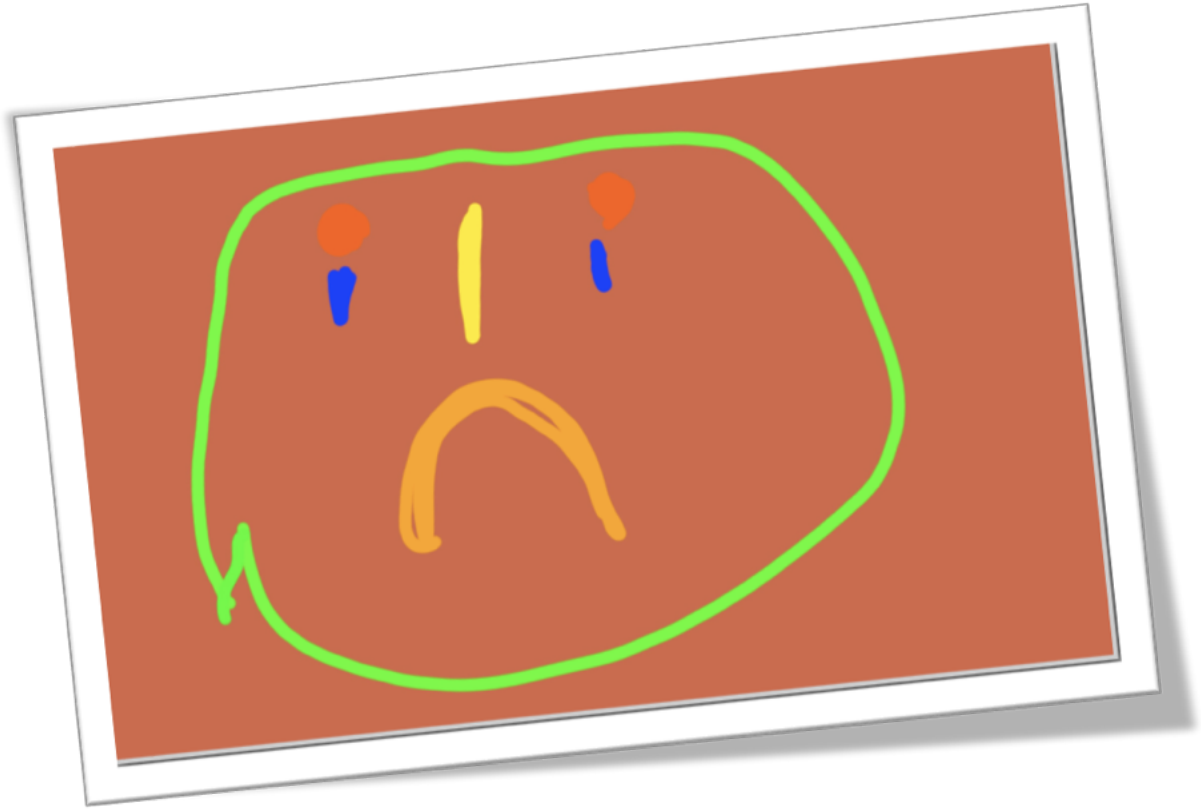
Once upon a time, in a world of endless imagination, there lived a little girl named Eloise. Her mind was a treasure trove of wonderful stories, and one day, she dreamed up something truly **extraordinary**.

In Eloise's vivid imagination, she envisioned a world where everyone carried **special backpacks**. But these were no ordinary backpacks; they were magical, capable of shrinking when someone felt sad and growing back to normal when happiness returned. However, there was a catch – they could only expand when filled with certain magical actions.

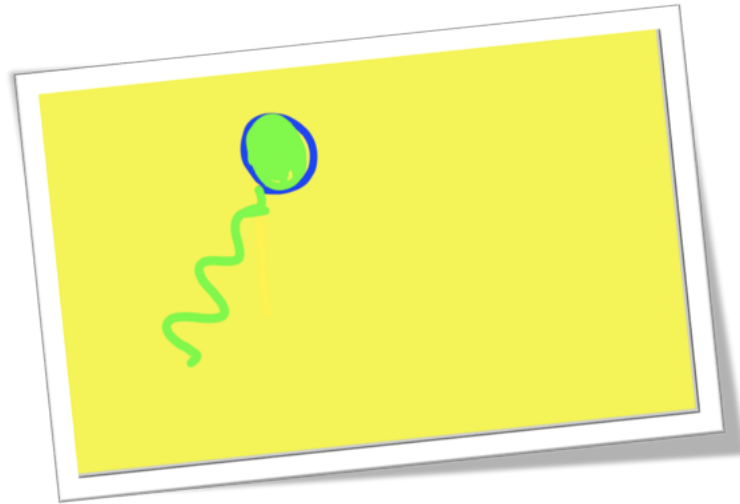


Pondering over the mysterious actions, Eloise heard a sudden thump – it was her big brother Théo, sounding upset from his room. Rushing in, she

discovered his Lego creation shattered into tiny pieces. Théo, with a tear in his eye, shared his sadness.



Eloise, the imaginative heroine, sensed Théo's **imaginary** backpack had crumbled and was small and empty. "Théo, would you like a cuddle?" she offered. As she embraced him, a little magical transformation occurred – Théo imaginary backpack inflated like a balloon, and his sadness slowly dissipated.



Amazed, Eloise shared her whimsical discovery with Théo, who, with a gentle smile, teased her about her love for making up stories. Embarrassed but playful, Eloise couldn't resist peeking over his shoulder, imagining his backpack **glowing and growing** a bit more to a nice, normal size.

So, in this tale of imagination, both Théo and Eloise learned felt the magic of the **'cool contact'** backpack and how sharing a cuddle could turn a small, crumbled backpack into a glowing, normal size.



The **End.**

What Can We Learn from Eloise's Adventure?

That Théo seemed to enjoy cuddles; that's what made his backpack grow.

This type of backpack, known as the 'cool contact' backpack, is where it feels cool to have some kind of physical touch, like cuddles, holding hands, or putting your arm around the person.

Just to be clear, this back pack is not about being rough or hurting someone. It's not about giving someone the cold shoulder or pushing them away. It's also not about ignoring the person's private space when they want it.



Here's a little list of some of the things that might be included in a 'cool contact' backpack:

- Giving each other high fives
- Giving each other a cool hairdo
  - Gentle arm touches
- Sitting close with someone
  - Giving bear hugs
- Kissing the left cheek, then right and the forehead
- Cuddling on the sofa while watching T.V
- Sitting on the special trusted person's lap
- Putting foreheads together during a hug
  - Rubbing noses
- Squeezing each other's faces for some silly time
  - Linking arms and skipping in circles
- Doing a three-legged race down the hallway or in the garden
  - Grabbing a piggyback ride

I'm just wondering if you like having someone close to you do these things with you to help you feel that warm, snuggly feeling inside? Théo did, and his imaginary backpack could be best filled with all these things to make him feel better.

But I'm curious if this might be what you would like to make you feel better or more connected to the people you trust. The important thing here is that you might want to tell the people close to you that you carry this type of backpack. That you like these things, especially when things are going a bit topsy-turvy for you.

That way, the close people around you could help fill your imaginary backpack up with all the things you really like. Now that's a good thing! Happy sharing and finding out if you or anyone else has this type of backpack.

P.S. Remember, if the 'cool contact' backpack is not your thing, stay tuned and continue reading about all the other backpacks to find the one that relates directly to just you.

Until the Next Magical Adventure!

