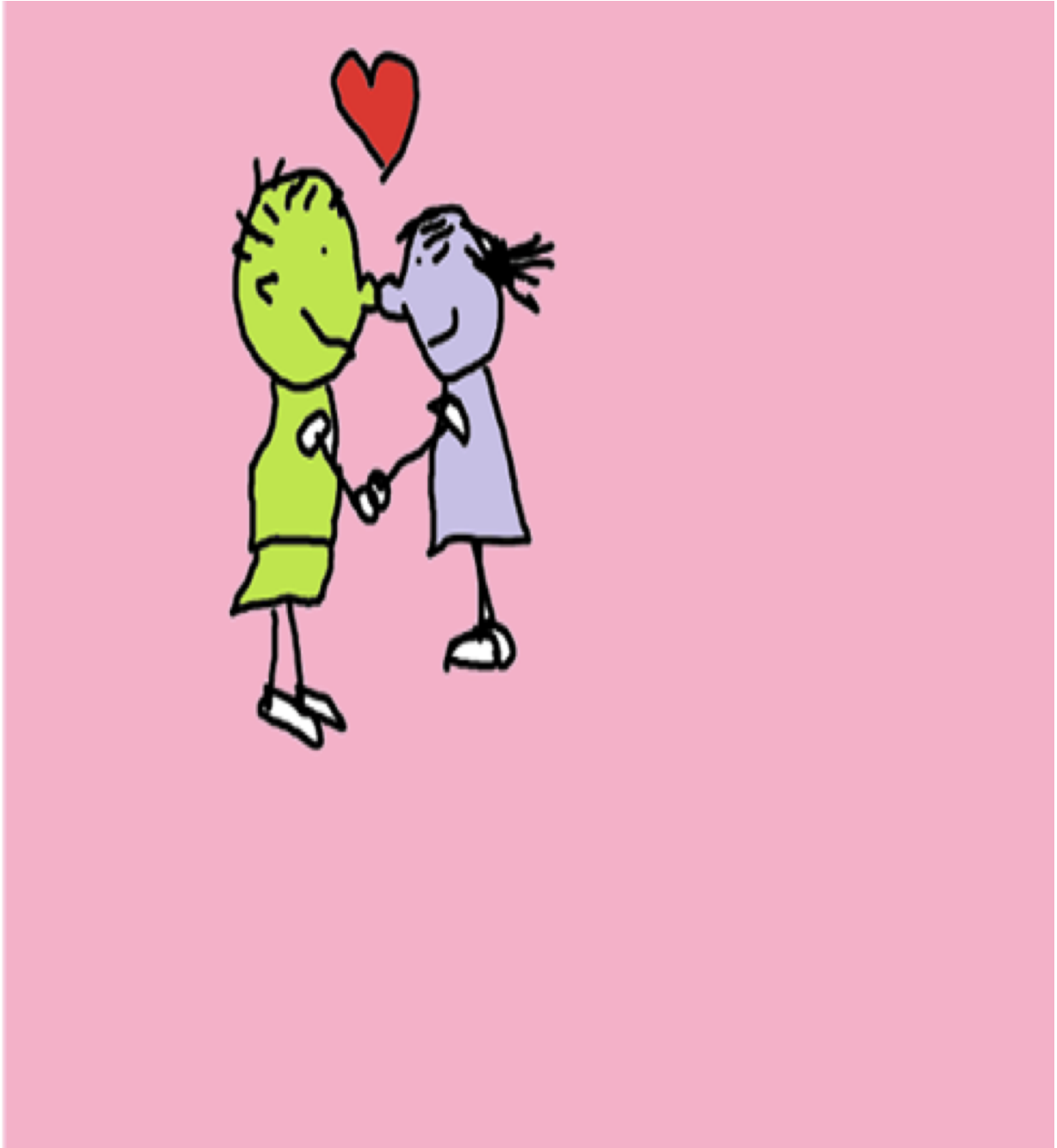




Adam's Kitchen Confessions: Tricky Questions About Love

By Lydia Sterry

Illustrations by Joel and Veola Sterry



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Join Adam and his mum in the heart-warming kitchen adventure filled with the sweet aroma of freshly baked cookies in “Adam's Kitchen Confessions: Tricky Questions About Love” This enchanting e-book delves into the world of love, friendship, and the perplexing queries that may dance in a young teenager’s mind.

As Adam eagerly sniffs the delightful scent of cookies, he opens up to his mum about a puzzling dilemma – asking a girl? With warmth and wisdom, Adam's mum shares insights, guiding him through the intricacies of relationships.

Through Adam's innocent questions, the story unfolds into a delightful conversation about simplicity, respect, and understanding. As Adam contemplates asking his friend Sasha out, he learns valuable lessons about rejection, friendship, and the magic of finding someone who truly appreciates him.

In this heartening tale, Adam's mum skilfully weaves in a unique perspective to explain the importance of respecting others' boundaries choices. As the cookie buzzer chimes in, signalling the joyous arrival of delicious treats, the family bonds over cookies, laughter, and the simple joy of asking nicely.

Filled with humour, love, and a sprinkle of life lessons, "Adam's Kitchen Confessions: Tricky Questions About Love” is a delightful addition to the series.

Recommended for children aged 8 and over, this e-book encourages open dialogue between parents and children, making the journey of growing up a delightful adventure.

So, grab a cookie, join Adam, and let the delightful tale of "Adam's Kitchen Confessions: Tricky Questions About Love” warm your heart and tickle your taste buds.

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In the heart of the bustling kitchen, where the sweet scent of freshly baked cookies lingered, Adam approached his mum with curiosity dancing in his eyes.

The tantalising aroma was so irresistible that he couldn't help but roll his eyes and take in a deep breath, savouring the delicious fragrance of the cookies.

Making sure no one else was within earshot, Adam leaned in and popped the question, "Mum, how do you **ask** a girl to be your **girlfriend**?"



His mum, engrossed in the art of baking, looked at him with a twinkle in her eye and shared her wisdom, "Well, son, asking if she'd like to just '**hang out**' together with you is always a good start. Somewhere away from friends, where it's just the two of you."

Adam, head tilted to the side, inquired, "That's it?"

With a gentle smile, his mum explained, "Yes, most think it has to be such a complicated thing, but it doesn't. If the answer is no, it's time to gracefully let

go. **Rejection** is a part of life; we can't be everyone's cup of tea," she added, amused by Adam's amazement at how simple it can be.



Adam gazed down, contemplating the potential sadness of rejection. His mum sensed his thoughts and reassured him, "Remember, it makes finding someone who likes you even more special. Waiting around won't help. The sooner you let go, the closer you are to finding a true, **equal** connection."



With a content smile, Adam agreed, "Yeah, I like that, mum."

Lost in thought, Adam mused, "So, I think I might ask Sasha out. We're good friends. But if she says 'no,' it's okay. We can still be friends."

His mum affirmed, "Exactly. There's no harm in asking."

A brief pause ensued, broken by the buzzing of the oven. The next batch of cookies was ready.

Adam's sister danced in, exclaiming, "Yeah, cookie time, yippee!"

They relished the delicious cookies, and as Adam asked for more, his mum, with a playful wink, granted him two extra for being **brave** and asking

a tricky question. The sweet harmony of requests filled the kitchen, with Adam singing, "All you have to do is ask, yeah yeah."



And so, in the warmth of the kitchen, Adam's heartfelt journey continued, one cookie and question at a time.

The **End**.

P.s Why don't you continue this conversation with a trusted adult you feel comfortable with? Enjoy and let yourself feel empowered more by all this knowledge.

